



S P A M O N T A G E

LAGUNA BEACH



# SPA MONTAGE

*Laguna Beach*

Welcome to Spa Montage Laguna Beach, a resplendent seaside retreat nestled along the rugged California coastline. A dry, temperate climate coupled with the majestic Pacific Ocean offers guests the healing power of nature year round.

Our mission is to support you in achieving your beauty and wellness goals through an exceptional palette of spa therapies, beauty treatments and wellness offerings – all inspired by our seaside surroundings. Every service is highly personalized and our caring staff of highly educated professionals stand ready to exceed expectations.

Whether you are seeking a relaxing escape or a wellness transformation, we are ready to meet your every need. Our Spa Montage signature services embody innovative expertise: European spa science, progressive fitness programs and empowering mind-body activities, all designed to rebalance the body, soothe the mind and restore vitality.

Throughout our 20,000 square foot spa, enjoy luxurious amenities including a eucalyptus steam room, dry redwood sauna, ocean air whirlpool, refreshing cold plunge, fireplace lounge, ocean-view fitness center, movement studio and saltwater lap pool featuring stunning views of the Pacific.

From advanced skin care to holistic wellness therapies, comprehensive fitness offerings and world class salon services, Spa Montage Laguna Beach offers an exquisite and unforgettable spa experience.



# ELEMENTS OF WELLNESS

## *Signature Services*

Our highly experienced Master Massage Therapists undergo hundreds of hours of specialized education in advanced spa and bodywork modalities to create a unique experience tailored just for you. After a brief consultation, your Master Therapist will draw from a full spectrum of ancient wisdom, advanced techniques, lush botanical ingredients and spa science to achieve a perfect balance according to your wellness goals. Indulge in a results oriented, seamless experience that inspires your path of wellbeing.

## ELEMENTS OF WELLNESS EXPERIENCE

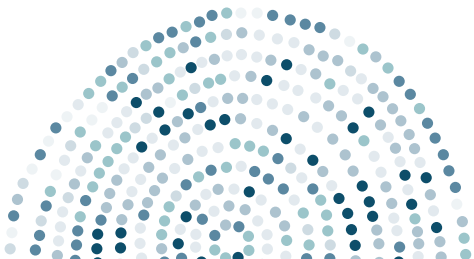
### *120 Minutes*

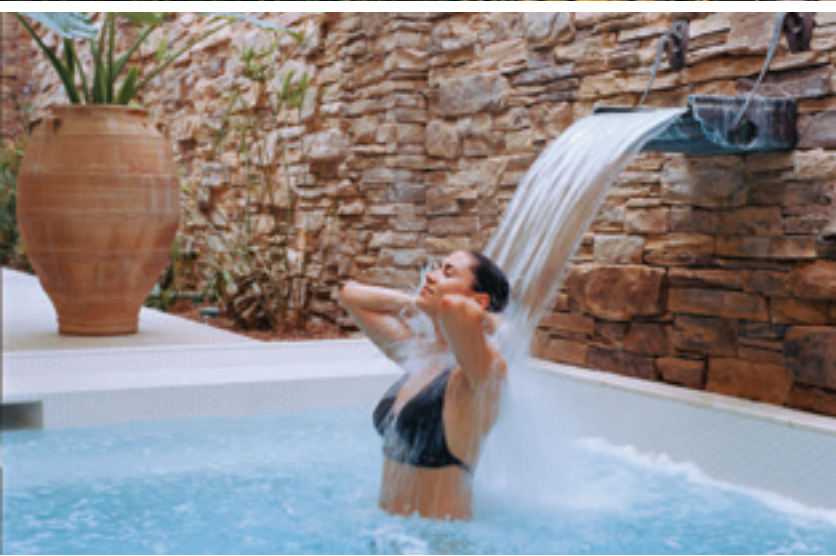
The water element brings you to the ultimate spa wellness experience. This tailored service allows your Master Therapist to draw from extensive options, such as bath or rain shower therapies. Treatments such as earth or ocean botanical scrubs, body wraps or soothing soaks may be paired with specialty bodywork techniques for a bespoke experience unlike any other.

## ELEMENTS OF WELLNESS THERAPY

### *90/120 minutes*

A tailored therapy centered on the healing and restorative attributes of an array of bodywork modalities hand selected with your Master Massage Therapist to best suit your needs and preferences. Traditional massage, aromatherapy and advanced techniques such as reflexology may be experienced in this balancing spa therapy.







# FACIALS CELLULAR REJUVENATION

## VALMONT FACIALS - SCIENCE. ART. SPA.

A true anti-aging expert, for more than 30 years Valmont has been perpetuating the expertise of Swiss cellular cosmetics. True to the concept of cellulotherapy, Valmont delves into the very nucleus of the skin's cells to find molecules with peerless anti-aging properties: Triple DNA and RNA.

Every 90 minute and 120 minute Valmont beauty treatment features a signature collagen infused mask, composed of pure medical grade collagen. Designed to strengthen and stimulate cells suffering from the effects of time or outside aggressions, the collagen infusion reveals sublime and youthfully radiant skin post treatment. If you require extractions, please consult with your esthetician.

## THE MASTERPIECE

*90/120 Minutes*

Experience the ultimate in anti-aging perfection and cellular renewal. This exclusive treatment, designed specifically for Spa Montage Laguna Beach, combines the power of a dual cleansing process with six masks including a complete collagen treatment for the face, neck, décolleté and the eyes. This elevated ritual uses salicylic and glycolic acid peels to remove impurities deep within your skin. You will have glowing, clarified and lifted skin.

*120 minutes may incorporate the full spectrum of OxyLight® technology.*

## THE MAJESTIC - ELIXIRS DES GLACIERS

*90 minutes*

The ultimate in nourishment, this facial sculpts and remodels the face. Featuring a dual cleanse and four masks along with the signature collagen mask, for the face and neck, the Majestic Treatment is a very complete experience. This essential treatment leaves you feeling rejuvenated and uplifted.

*Further enhance with signature collagen for the eyes.*

## HYDRATION RITUAL - SOURCE OF BISSES

*60/90 minutes*

This facial addresses the manifestations of dehydration in the skin by combining a moisturizing booster intensive treatment and the technology of two hyaluronic acids. As an added benefit, this treatment softens fine lines and wrinkles associated with a lack of moisture in the dermis.

*Further enhance with signature collagen for the eyes or décolleté.*

## TIME MASTER - INTENSIVE PROGRAM

*30 minutes*

This 28-day treatment is truly an at-home facelift program consisting of 14 vials. Your master esthetician will guide you through an at-home regime with a 30-minute consultation including a cleanse and application of the first treatment. This program is recommended at least twice a year.

## COLLAGEN ENHANCEMENTS *Optional Additions to Valmont Treatments*

Our medical-grade collagen can enhance any Valmont Beauty Treatment. Please allow our Spa Concierge to help guide your choice.

### *DÉCOLLETÉ - 30 minutes*

Skin of the upper chest instantly recovers its natural resilience, suppleness and radiance.

### *FACE AND NECK - 30 minutes*

A "biological face-lift." Thanks to a combination of active ingredients, this mask helps reactivate the skin's deficient natural functions.

### *EYES - 30 minutes*

Instantly relieves and refreshes the eye contour area. This mask contains drainage-enhancing agents to reduce the appearance of under-eye puffiness and dark circles, helping restore more radiant looking eyes.



# FACIALS NATURAL LUXURY

## VITAL NUTRIENT FACIAL

*60/90 minutes*

Multi-function organic products rich in vital nutrients are paired with gemstone therapies to visibly revitalize and tone the skin, including an enzyme masque with acupoint techniques are enhanced with specialized Gua Sha techniques. Emerge feeling vital, empowered, and beautiful.

*90 minutes includes an additional illuminating mask and a restorative foot ritual.*

## LAGUNA BEACH FACIAL

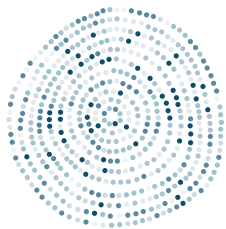
*60/90 minutes*

Inspired by the environment of Laguna Beach, this facial showcases the healing benefits of marine extracts, seaside botanicals and the masterful delivery of the true art of skincare. The skin is cleansed, purified and expertly prepared for layers of powerful concentrates, skin brightening serums and a custom-blended algae mask, applied with a decadent double-brush technique. A blissful neck and arm massage are woven throughout your experience until you are left with a nourished, beautifully balanced and vibrant complexion.

## GENTLEMAN'S HOT TOWEL TREATMENT

*60/90 minutes*

A deluxe treatment specifically designed to address the biological and gender unique realities of men's skin. This luxurious facial treatment incorporates specialty massage techniques, steamed towels, hand, arm, neck and shoulder massage.



# ADVANCED SKIN CARE TECHNOLOGY

## HYDRAFACIAL®

*60/90 minutes*

This refining treatment thoroughly cleanses, removes dead skin via Hydra-dermabrasion and a gentle peel, and extracts impurities while infusing intensive antioxidants and hydration for glowing skin with no discomfort or downtime. The 90-minute option includes LED light therapy.

To boost the effects, consider the following enhancements:

**DERMABUILDER** – Minimizes signs of aging and recharges skin with a patented combination of peptides improving elasticity and tone.

**BRITENOL** – Minimizes the appearance of dark spots and sun spots for an even complexion.

**GROWTH FACTORS** – Triggers collagen and elastin production to minimize the appearance of fine lines and wrinkles and restore skin health and vitality.

## SAPPHIRE OXYLIGHT® FACIAL

*60/90 minutes*

The OxyLight® experience combines only clinically-proven, science-backed treatments into one amazing session. Your master esthetician will guide you through a selection of modalities including diamond dermabrasion, pure oxygen, Biosonix ultrasound, Myolight micro-current, negative pressure and LED light therapy. Recommended once a month for sustained results.

## OXYLIGHT® TECHNOLOGY ENHANCEMENT

*Optional Addition to Any Facial Treatment*

**LED PANEL WITH OXYGEN** – Best for acne, rosacea and anti-aging treatments; expedites healing process for post-surgery/laser procedures.

**MYOLIGHT MICRO-CURRENT AND LIGHT** – Stimulates muscle toning and firming, lymphatic flow and circulation

**INTENSE PULSE OXYGEN** – Improves skin complexion and address hyperpigmentation

**DIAMOND ABRASION** – Deep exfoliation

**NEGATIVE PRESSURE** – Deep massage of the connective tissue and stimulating lymphatic system flow

**BIOSONIX ULTRASOUND** – Increase lymph flow and infuses vitamins and serums



# MASSAGE

Whether suffering from travel fatigue, work-induced stress, specific aches and pains or seeking new ways to unwind, our massage therapists will draw upon their extensive bodywork repertoire to provide relaxation and relief with their artful work in massage therapy.

## LAGUNA BEACH MASSAGE

*60/90/120 minutes*

Your massage therapist will guide you through an intuitive aromatherapy selection to artfully enhance your experience of pure relaxation or targeted therapeutic relief. We recommend preceding this massage with a Therapeutic Mineral Bath.

## CALIFORNIA WILDFLOWER MASSAGE

*90/120 minutes*

A comprehensive massage complements a tailored treatment with heated herbal poultices to restore and relieves aches and pains. Escape in waves of enchanting jasmine crème that uplifts the senses while your therapist relieves tension.

*120 minutes allows for an extended massage and a special take home gift.*

## LAGUNA GLOW STONE MASSAGE

*60/90/120 minutes*

Warm, hand-carved Himalayan salt stones relieve stress and bring you back into balance. The deeply restful yet uplifting scent of neroli results in relaxation and incredibly soft skin.

*90 minutes or more may include a gemstone face massage or alternating cool stones if preferred.*

## LEMON JUNIPER DETOX MASSAGE

*60/90/120 minutes*

An anointing of essential oils centers on purifying and detoxifying the body. Dry brushing exfoliates, tones, increases circulation followed by a tailored massage with coastal aromatics such as lemon, mint, uplifting grapefruit and juniper. A cooling gel relieves the calves as you enjoy a foot treatment to leave you feeling grounded.

## REFLEXOLOGY

*30/60/90 minutes*

The perfect alternative, or addition to, a full body massage.

*30 minutes* – feet only, the perfect addition to a bath, massage or facial.

*60 minutes* – full session, incorporating hands, head and feet as well as a replenishing foot treatment.

*90 minutes* – a perfect pairing of our full session with 30 minutes of massage.

## MANUAL LYMPHATIC DRAINAGE

*60/90/120 minutes*

A precise, light-to-touch therapy, increases lymph flow, removes harmful substances from the tissues and can increase immune function. Ideal for pre and post surgery, fluid retention, sports injuries and stress. Best results are achieved when focused on a specific area.

## PRENATAL MASSAGE

*60/90 minutes*

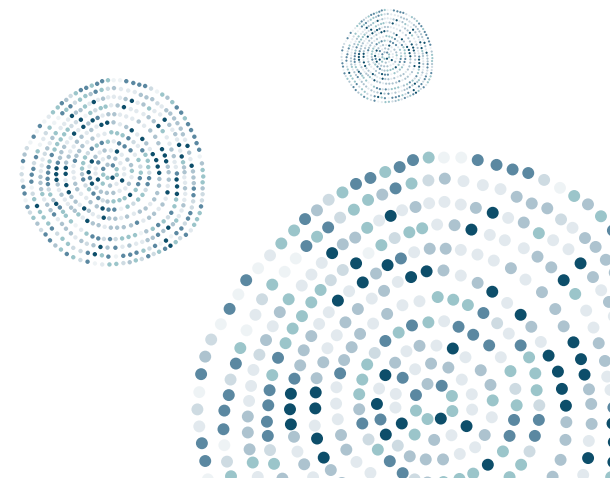
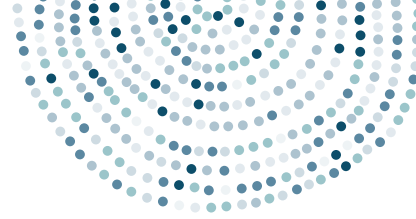
Specifically designed to support your body through the muscular and structural changes during pregnancy.

*90 minutes may include a choice of dry brushing or a rose petal foot bath.*

## ONCOLOGY MASSAGE

*30/60 minutes*

Our certified oncology massage-trained therapists offer safe, therapeutic bodywork for those currently in, or with a history of cancer treatment. A doctor's release is requested.



# BODY TREATMENTS

## SEVEN FLOWER RITUAL

*90/120 minutes*

Blended in perfect synergy, seven healing flowers allow relaxation and a harmony of the senses. A soothing massage is followed with a dried petal dusting and body buff. While cocooned in a warm softening wrap, enjoy a cool crystal quartz face massage. Cascading water washes away the delicate petals before a veil of flower essence enrobes you. A blissful hydration leaves your skin feeling its softest and most beautiful.

*120 minutes incorporates a compression massage with heated flower poultices.*

## BODY FIRING DETOX WRAP

*60/90 minutes*

Toning and lifting body brushing releases trapped fluids, exfoliates the skin and increases circulation. Softening and deeply cleansing Rhassoul clay envelops the body in a warm detoxifying wrap while you enjoy a scalp and neck massage. A warm rain shower is followed by blissful hydration to leave you feeling light and energized.

*90 minutes may include a massage or an extended Vichy rain shower experience.*

## REPLENISHING MARINE MINERAL WRAP

*75/90 minutes*

Uplifting essences are incorporated into this marine mineral body polish, followed by a nourishing warm application of the highest quality seaweeds replenish vitamins, nutrients while firming and evening skin tone. An aroma scalp and neck massage ensues as your skin absorbs the restorative elements. Finish with a refreshing ocean mist and a blissful massage.

*\*A 60 minute Prenatal Wrap is available, please inquire with Spa Reservations.*

## SEASIDE RENEWAL

*90/120 minutes*

California citrus is incorporated into this nourishing salt exfoliation. Soak in a bath of the highest quality ocean minerals. A light wrap of raw coconut and algae extracts replenish the skin. Finish with a luxurious full body hydration of emerald sea extracts.

## TRANQUIL DREAMS

*90/120 minutes*

Soak in the weightlessness of a jetted botanical bath to melt away everyday stress. A veil of neroli mist welcomes you into a shea butter cocoon. A hypnotic massage of long and circular strokes invites you to sink deeper into pure relaxation and peace.

*120 minutes allows for an extended massage and a special take home gift for continued rest.*



## THERAPEUTIC MINERAL BATHS

*30 minutes*

In our ocean breeze garden suite, submerge into an oxygen infused therapeutic bath as the perfect prelude to any massage, body treatment or facial. Float with a sense of weightlessness in a jetted bath of ocean inspired botanicals.

### UNWIND

Lavender, vetiver and chamomile.

### REFINE

Spirulina, rosemary and sage.

### WELLNESS

Deep sea minerals and eucalyptus.

## REFINING BODY SCRUBS

*60 minutes*

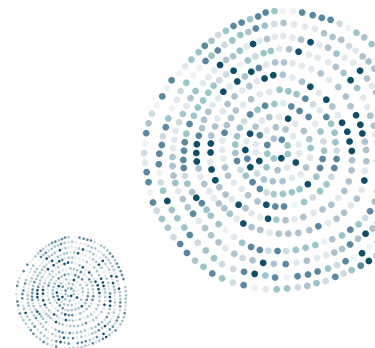
Mineral rich sea salt incorporates coastal botanical essences and avocado oil to exfoliate and nourish the skin. Radiance is unveiled, leaving the skin vibrant and incredibly soft.

### CALIFORNIA CITRUS

Sweet orange, grapefruit, bergamot and lime.

### ENERGIZING

Peppermint, rosemary and eucalyptus.





# FINISHING TOUCHES

## HAIR REMOVAL - THE ART OF SUGARING

Sugaring is an advanced specialty service that lasts longer than traditional waxing and leaves skin smooth and healthy. Traditional waxing is available and may be used based on request or specialist recommendation.

Face • Underarms • Arms • Chest • Lady's Bikini • Legs • Back

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## BLISSFUL ESCAPE MANICURE AND PEDICURE

*Manicure 75 minutes • Pedicure 90 minutes*

Your Alchemista will assist you in exploring the world of aromatherapy to design a personalized crème to be incorporated into your nail treatment. Includes decadent massage and a paraffin treatment for the hands or feet.

## SPA MONTAGE MANICURE AND PEDICURE

*Manicure 60 minutes • Pedicure 75 minutes*

## CLASSIC MANICURE AND PEDICURE

*Manicure 45 minutes • Pedicure 60 minutes*

## GENTLEMAN'S MANICURE AND PEDICURE

*Manicure 45 minutes • Pedicure 60 minutes*

## NAIL SERVICE ENHANCEMENTS

French Polish • Gel Polish Removal • Paraffin • Polish Change

# PERFECT FOR COUPLES

## COUPLES MASSAGE ESCAPE

*60/90 minutes*

Created for just the two of you, this tailored-massage allows you to enjoy quality time together during a side by side massage.

## ROMANTIC COUPLES JOURNEY

*90/120 minutes*

Following a luxurious exfoliation, submerge together in a botanical bubble bath while enjoying an aromatic scalp massage. Discover the true meaning of bliss with a hypnotic full body massage side by side.

*120 minutes includes extended massage and a special gift.*

## COUPLES SIDE BY SIDE MANICURES AND PEDICURES

*45/60/75 minutes*

Enjoy a side by side manicure or pedicure and a beautiful ocean view in our salon. We offer a variety of nail services to best suit your needs, a perfect way to finish a romantic day at the spa.





## JUST FOR TEENS

Available for guests ages 12-15. Access to the Spa facilities and pool is not available. A parent must be present for the duration of all services, including in the treatment room for massage and facial services.

### TEEN BALANCING FACIAL

*30/60 minutes*

A specialized facial to balance the skin for a healthy, clear complexion.

### OCEAN WAVE TEEN MASSAGE

*30/60 minutes*

This Swedish-style massage relieves tension and soothes tired muscles.

### MAKE UP LESSON

A cosmetic expert teaches the application of the perfect colors, tones and textures.

### MISS MONTAGE MANICURE AND PEDICURE

*Manicure 45 minutes • Pedicure 60 minutes*

Includes a soak, scrub and hydrating cremé.

### MOMMY AND ME SPA DAY

*30/60 minutes*

Enjoy side-by-side massages, facials or nail services with a variety of options to enjoy together.

### PRIVATE CHILDREN'S FITNESS CLASSES

*60 minutes*

Our fitness experts will lead you through a program of body balancing.

## FITNESS

Our fitness trainers specialize in a variety of techniques and are here to assist you with looking and feeling your best. Choose from a variety of offerings such as personal training, yoga, spin, SurfSET®, Pilates, beach boot camp, guided hikes and more.

Group, private sessions and body composition analysis are available.

## SPA PACKAGES

Spa Montage welcomes you to experience the ultimate relaxation and renewal with one of our curated Spa Packages. Our Spa Specialists can guide you through additional à la carte offerings including advanced yoga and fitness, nutrition options and take home wellness offerings.

### LIVE BEAUTIFULLY

*120 minute Seven Flower Ritual + 90 minute Hydration Ritual Facial + Spa Montage Manicure and Pedicure + Blow Dry*

### VITAL ENERGY

*90 minute Laguna Beach Massage + 60 minute Vital Nutrient Facial + Blissful Escape Pedicure*

### SEASIDE ESCAPE

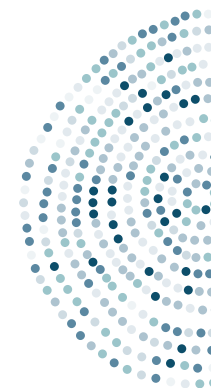
*90 minute Laguna Glow Stone Massage + 75 minute Replenishing Marine Mineral Wrap*

### CALIFORNIA GLOW

*60 minute Laguna Beach Facial + 60 minute California Citrus Polish*

### SWEET DREAMS FOR TEENS

*30 minute massage + 30 minute facial + manicure and pedicure + make-up lesson*



# VISITING THE SPA

## SPA ENVIRONMENT

Spa Montage is a place of tranquility, therefore we graciously request that you refrain from cell phone use, including taking photos or videos, within any indoor spaces. Alternately, quiet cell phone use (no talking) outdoors at the Spa Pool is respectfully requested.

## SPA ACCESS BY CHILDREN

Spa guests must be 16 years of age or older to enjoy the spa facilities, spa pool and fitness center. An adult, parent or guardian must be present in the room for any guests under the age of 16 who wish to receive spa services. Salon services are available for all ages.

## NO SMOKING

We ensure a healthy environment for our guests by upholding a non-smoking policy.

## ARRIVAL

For enhanced comfort and relaxation, we suggest that you arrive at least 30 minutes prior to your scheduled treatment. This will allow time to check in, receive a spa tour and enjoy the facilities prior to your service.

## LATE ARRIVAL

Arriving late will simply limit the time for your treatment. Your treatment will end at the scheduled time, so that the next guest will not be delayed.

## PAYMENT AND CANCELLATIONS

*Payment* – We accept all major credit cards or you may charge spa services to your resort bill. For your convenience, a 20% service charge is automatically added to all spa services. Payment is also accepted prior to your treatment.

*Cancellation Policy* – All reserved services must be guaranteed with a valid credit card or room confirmation number. Spa services are reserved especially for you, so we ask that you give us 24-hours advance notice should you need to reschedule or cancel your service. No-shows, changes or cancellations made less than 24-hours before the start time will incur a fee of the full price minus the 20% service charge.

## HEALTH CONSIDERATIONS

Please notify our Spa Concierge when reserving your treatments if you have high blood pressure, a heart condition, recent surgeries, allergies or if you are pregnant. Also, please advise us of any medication you are taking. If you have any concerns, please let us know. It is always advisable to check with your doctor prior to your arrival.

For additional information or to check availability please contact us at (949) 715-6010.





S P A M O N T A G E

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